



MAHARAJA AGRASEN COLLEGE

University of Delhi

VASUNDHARA ENCLAVE, DELHI-110096

A Meeting of Internal Quality Assurance Cell (IQAC) was held with Principal on 26.09.2018 at 12:30 pm in the committee room.

Agenda:

1. Regarding timely submission of attendance of students
2. Silver Jubilee celebration activities
3. Counselling and Mentoring of students in college
4. Parent - Teachers' meet
5. Department wise Student- faculty meetings

Minutes:

1. Members once again reiterated the importance of timely submission of attendance to college office so that the all students falling short of attendance can be warned beforehand.
2. Convener, Silver Jubilee Committee apprised the members about various activities to be organized in the silver Jubilee year of the college.

3. Realizing the importance of emotional well-being in students' lives, IQAC members recommended to engage psychological counselling professionals to impart awareness and training regarding the same. It was recommended that such counselling sessions should not be a onetime exercise but it should be a continuous process for the entire year so as to spread awareness on the issues which generate stress, anxiety and sadness which in turn impacts the academic performance and productivity of students. It was recommended to set up the Mentoring and Counselling committee in college.

The Governing Body in its meeting held on August 11, 2018 discussed about providing counseling services to college students as one of the initiatives of IQAC. Realizing the importance of emotional well-being in students' lives, IQAC proposes to engage psychological counseling professionals to impart awareness and training regarding the same.

IQAC proposes to conduct such counseling sessions not as a onetime exercise but as a continuous process for the entire year so as to spread awareness on the issues which generate stress, anxiety and sadness which in turn impacts the academic performance and productivity of students. On enquiring in other colleges of University of Delhi, it was found that a Delhi based psychological counseling and emotional wellness company 'zyego' is providing emotional counseling services at Deen Dayal Upadhyaya College, Janki Devi College, Acharya Narendra Dev College, etc. in University of Delhi.

Coordinator, IQAC reported that an introductory interactive session of 2.5 hours on emotional wellbeing was conducted by 'Zyego' for the students on 31st August 2018 in our college. The entire session was very well received by the students, as per the feedback of students taken after the session. Hence it is recommended to hire the services of 'Zyego' to conduct these counseling workshops in our college. As per the proposal received from Zyego, the tentative budget to conduct one workshop is Rs 10,000/-. The optimum batch size to hold such an interactive workshop is 60-80 students in a batch. Hence it is proposed to hold eight such workshops for the students, faculty and non-teaching staff during the course of entire year.

4. In order to provide a platform through which the parents can interact and share their concerns with the faculty members directly, it was decided to organize Parent - Teacher meeting in college. Department of English volunteered to organize the pilot Parent-Teacher Interaction on 6 October 2018 from 10 a.m. and 12 noon in Room No. 125 and submit the report in next IQAC meeting.

5. All Teachers In charge were requested to submit the reports of student faculty meetings of their respective departments.



IQAC Coordinator



IQAC Chairman